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## **“Guidelines for epidemic prevention and hygiene measures at RCs” (Applicable in new academic year and preparation period)**

- 1) Arrangements for students who return to the RCs from places outside Macao:
  - 1.1) At their first entry to RCs, students shall present the Macao Health Bureau’s “Macao Health Code” and fill in the “University Health Declaration Form”.
  - 1.2) For those who obtain certificate on completing quarantine issued by the Macau Government or Zhuhai Government, there is no need to undergo self-health management.
  - 1.3) The above-mentioned students in 1.2) shall undergo self-health management in the RCs for 14 days, detailed arrangements as follows:
    - Measure body temperature three times a day and fill in the “Health Monitoring Record Form” accordingly;
    - Present the Macao Health Bureau’s “Macao Health Code” to the security guard when entering the RCs;
    - Upon entering the RCs each time, disinfect hands with alcohol sanitizer, have body temperature measured and wear a face mask;
    - Present the Macao Health Bureau’s “Macao Health Code” to the RT/RA every night. For non-green code, student has to fill in the daily check-in/out log form.
    - Avoid going out;
    - Wear a mask in and outside the RCs;
    - Do not allow any visitor and do not visit others;
    - Do not have gatherings with others and often stay at least 1 meter away from others;
    - Pay attention to personal and environmental hygiene;
    - In any event of fever (with ear temperature  $\geq 38^{\circ}\text{C}$ , forehead temperature  $\geq 37.5^{\circ}\text{C}$ ), acute cough or generalized muscle pain, put on a face mask and seek medical attention right away, and report contact or travel history to the doctor;
    - If student/staff residing in RCs develop fever or symptoms of respiratory infection and are advised to rest at home by a doctor, RCs should arrange for them a separate room for rest and sleep, and instruct them to wear a mask in the RCs at all times, avoid having meals with others, and strengthen indoor ventilation as well as cleaning and disinfection of the environment.



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- 2) For students who have completed the 14-day self-health management and for students who have been in Macau for the past 14 days, the arrangements when they reporting at the RCs are as below:
  - Present the Macao Health Bureau’s “Macao Health Code” to the security guard when entering the RCs. For non-green code, student has to fill in the in-out logs.
  - Upon entering the RCs each time, disinfect hands with alcohol sanitizer, have body temperature measured and wear a face mask;
  - Present the Macao Health Bureau’s “Macao Health Code” to the RT/RA every night. For non-green code, student has to fill in the daily check-in/out log form.
  - Pay attention to personal and environmental hygiene;
  - In any event of fever (with ear temperature  $\geq 38^{\circ}\text{C}$ , forehead temperature  $\geq 37.5^{\circ}\text{C}$ ), acute cough or generalized muscle pain, put on a face mask and seek medical attention right away, and report contact or travel history to the doctor.
  - If student/staff residing in RCs develop fever or symptoms of respiratory infection and are advised to rest at home by a doctor, RCs should arrange for them a separate room for rest and sleep, and instruct them to wear a mask in the RCs at all times, avoid having meals with others, and strengthen indoor ventilation as well as cleaning and disinfection of the environment.
- 3) In response to changes of the epidemic and the MSAR government’s measures, the above arrangements may be adjusted in due course. Please pay attention to the epidemic information released by the MSAR government (<https://www.ssm.gov.mo/PreventCOVID-19>) and act in accordance with the University’s prevention measures.
- 4) Considering the epidemic situation and to safeguard health and safety of the residing students, only resident students are allowed to enter the rooms. A maximum of 2 companions are allowed, but they cannot enter any rooms or floors.
- 5) The RCs will keep a record of any violation of the above arrangements and violators will be subject to severe punishments.